



Track and Field Relay Card

Check Gender: ____ (Girls) ____ (Boys)

Check Relay: ____ (4x800-Meter Relay) ____ (4x400-Meter Relay) ____ (4x100-Meter Relay)

Team: _____

Print legibly the bib number, complete last and first names of the (4) four competitors who will represent your team in this relay race:

Bib #	Last Name, First Name
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

This Relay Card must be turned in by 7:00pm to the Registration Table. No Changes will be made to the names entered

All athletes who have run in any *JTCRunning* Summer Series Meet in 2009 have already been assigned a number. They will not be required to register again!

Upon arriving they will need to report to the registration table to look-up and receive their number.

All new athletes must register by 7:00pm in order to compete.

Relay Teams must complete a Relay Card, and must be turned in by 7pm. Substitutions or order changes are allowed, but the entry name and/or relay leg will not be changed in the official results!!